

FOREWORD -- The Other Woman Code of Conduct

Author: KiKi Richardson

By: Tonoa Bond

Unscripted, Uncensored and Unapologetic! These behavioral attributes definitely describe KiKi Richardson and how she lives her everyday life; attributes that she admonishes others, of whom she coaches, to live their lives with. So why should she be any different with the release of her first book: *The Other Woman Code of Conduct*?!

No, the content of the book might not be popular or politically correct according to the constructs of the society that we live in. However, this book is a discussion in human behavior at its finest. Why do we do the things that we do, and how do we change our behavior later to get back on track when we find ourselves travelling the wrong road in life? Understanding human behavior means getting in touch with the reasons behind our actions as well as understanding the emotions that are involved in our life choices. And getting a person to acknowledge and understand their behavior is the first step towards making life long changes that will benefit them in the end; a concept that Ms. Richardson understands and understands well.

The Other Woman Code of Conduct taps into a market where the underdog, the person who is shamed into believing that there is no hope for them because of the mistakes they have made and the situation they currently find themselves in, is given the opportunity to really see themselves. With this book, the reader is afforded the opportunity to look at their current situations and the conditioning process that has guided them to this point to find out not only what is driving their behavior, but also how to make the best possible choices for themselves. Ms. Richardson is proudly wearing her coaching hat and lending her voice to this topic so that she can effectively mirror her clients, who are the millions of men and women who will read this book seeking answers. Through Ms. Richardson's words, those who are currently living the life that she describes in *The Other Woman Code of Conduct*, will be able to discover

the strength to do the things they need to do today in order to affect change in their lives for a better tomorrow.

In our culture today, pre and extra-marital affairs are becoming the status quo. However, this book is actually the anti-thesis to the status quo. Ms. Richardson is not writing this book to say that this subject and the behaviors involved are right or acceptable. This book does not reflect her desire to help keep 'the other woman' where they are. She wrote a book that assists women in making the best possible choices for themselves and getting to a better position in their lives. The message that she is looking to convey in this book is that before 'the other woman' can get to the point in her life where she is ready to make the hard choices that she needs to make in order for things to change, she still has to care for herself while in this situation the best way possible. And the tips and suggestions offered here will help her to do just that!

Make up your mind right now to read this book. Don't assume that because you've read the title that you know the true intention behind the words shared. In writing this book, KiKi Richardson has decided to be the uber-champion for the underdog; and she doesn't apologize for that. And quite frankly, why should she have to?

Tonoa Bond, "The Audacity Expert"

Transformational Coach, Author, Speaker, Educator in Human Behavior

Thank you for taking the time to read the foreword for this amazing book. To book Tonoa for your events, please contact us: media@tonoabond.com.